



LUNDS
UNIVERSITET



Exchange report
Spring 2018 – Lund University, Sweden

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BBA in Finance & Professional Accounting

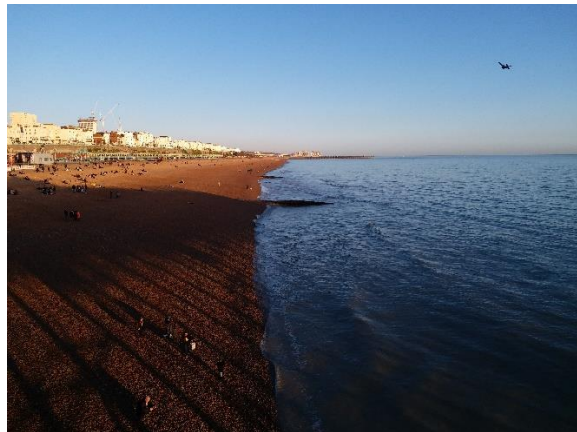
Part 1 Monthly activity log

January



I arrived Copenhagen Airport with other buddies on 8th June and spent a night in the airport. Lund University had sent out plenty of student helpers to pick us up at the airport on the next day and led us to the registration venue and our accommodation. I spent my first week in Lund to settle down and involve in different orientation activities like the treasure hunt and language cafe. Subsequently, my buddies and I spent our time to explore some regions nearby including Malmo and Copenhagen. Additionally, I attended the Swedish Introductory Course in the first three weeks and it was a fun and fruitful course.

February

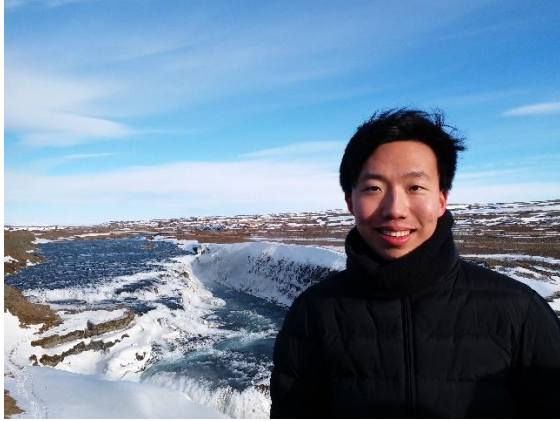


Though all courses started in mid-January, the workload was relatively light in January. However, the pace of the course was quite fast and the workload greatly increased in February so I spent some time on dealing with the assignments and studying the oral examination. Due to the increased workload, I only travelled once in February and I went to London and Brighton to visit my friend and sister. I spent rest of my time hitting the gym room and wandering on the street and the landscape in Lund really surprised me.

March

I spent the first week of March on travelling in Iceland and it was really an eye-opening experience. The best part of the whole trip was capturing the aurora for two hours of waiting and coldness. Luckily our persistence and patience had been paid off. Subsequently, I returned to Lund to finish my group presentations and written examination. Once the courses

in the first period had come to an end, I started to explore Europe again. I went to Berlin as my first solo trip and it was a unique and meaningful experience. I went to Amsterdam in late March and it was a good place to chill and relax after the examination.



April



After spending majority of my spare time on travelling, I decided to devote my time to the activities held by the nations. My buddies and I had gone to the nightclub and I really loved the atmosphere though the music were not the best. However, I still travelled to Barcelona and Lisbon for exploration. It was an unforgettable journey as we encountered two pickpocketers in both places. Other than that, Barcelona and Lisbon are both wonderful and attractive cities with great food and landscapes.

May



The end of semester approached so I spent half of my time on coping with final presentation and written report. I had also encountered the most challenging but interesting exam paper in my life. In between the deadlines of different assessments, I tried to relieve my stress and travelled to Edinburgh, Rome, Budapest and Vienna. Additionally, my buddies and I were lucky enough to join the carnival parade (once in four years) with people wearing traditional costumes and sending out meaningful messages.

June



The semester had come to an end so I decided to go on the last trip with my friends. We visited Stockholm, Riga, Tallinn and Helsinki and it was the perfect full stop of my exchange journey.

Part 2 General exchange information

Visa procedures

It is a must to apply for a residence permit in order to stay more than three months in Sweden. The application process roughly takes one and half month so it is better to apply for it as soon as possible once you get the Letter of Acceptance.

Orientation activities

Orientation activities in Lund University last for two whole weeks. Most of them are free of charge on a first come first served basis while some of them charge entry fee. In addition, all exchange students will be assigned to a mentor group and participate in the Treasure Hunt.

International services & activities

If you are looking for a fruitful international student life, International desk will be a good place to start with. International desk holds networking activities for all international students from time to time and the activities are mostly free of charge. Language cafe will be another wise option if you want to mingle with people from all over the world and learn some new languages.

Accommodations

Lund Accommodation will be a good starting point to search for an accommodation. However, it does not guarantee for any housing space so it is always better to apply as soon

as possible. An alternative source will be AF Bostäder if you fail to secure a housing space in the first round of application. Additionally, you can also find accommodation from other housing agencies.

Courses registration

Exchange students can take up to four courses at most at Lund University, two in the first period and two in the second period. In addition, it is optional to enroll in the Swedish introductory course at the beginning of the semester. I had taken the following courses:

SUSA 11 Swedish: Introductory Course for Exchange Students 1

FEKH 11 Business Policy

FEKH 92 Business Administration: Innovation Management

SASH 26 Diversity of the World's Languages

Teaching & assessment methods

At Lund University, attendance are only compulsory for the first lesson of each course. Lund University adapts absolute grading and it is a must to get a pass in every assessment to pass the course. Additionally, students are expected to read assigned readings before every lecture. Examinations are taken in three forms: oral, written and take home exam. Most importantly, the schedule of courses at Lund University are usually irregular so you should check the schedule and venue regularly.

Sports & recreation facilities

Victoria Stadium is a good place for doing sports. The membership fee of the gym room for half year is around SEK500.

Finance & banking (including currency/expenses)

Sweden Krona is the official currency of Sweden. However, the use of credit card is more preferable and convenient.

Expenses (in HKD)	
Flight ticket (Back and forth Hong Kong and Copenhagen)	5,800
Residence permit	1,000
Accommodation	22,000
Living expenses	15,000
Travel expenses	48,000
Total	91,800

Social clubs & networking opportunities

If you would like to make friends from Sweden and all over the world, you should join a nation. Lund University has 13 nations in total and each of them has their own features and atmosphere. Language cafe is also a good place to mingle with international students and learn new languages.

Health & safety

HKUST and Lund University have purchased insurance for exchange students respectively. However, it is better to purchase an extra international insurance to further secure yourself. Lund is safe city as it is a university town.

Food

Eating outside is relatively expensive in Lund and each meal is around SEK100. As a result, I usually cooked my own meal and the price of each meal was around SEK40. If you are bored with pasta and burger, you can try out the Japanese and Thai restaurants in Lund and they can be easily found.

Transportation

Cycling is a common practice in Lund. An alternative option will be taking the public transportations which cost more than SEK20 per trip. You can pay for the transportation by using a 'Jojo card' or buying tickets through an application called 'Skanetrafiken'.

Climate

From January to March, the weather in Lund is around -2°C to 6°C, the whole city is covered by snow and there will be snowfall occasionally. Lund starts to be warmer in April and Spring lands on Lund in May. The humidity in Lund is quite low so it is better to bring along face and skin moisturizers.

Communication

Most of the people living in the Scandinavia region (including Sweden) can speak fluent English and they are mostly welcome to use English to communicate. If you take the Swedish introductory course, you will be able to understand basic Swedish and read the signs in the supermarket.

Cautionary measures

Lund is an extremely safe city and there is no big safety issue. However, it is better to stay alert when you walk on the street at midnight.

Part 3 Items to bring

- Passport and ID card
- Residence permit
- Letter of Acceptance
- Copy of insurance
- Laptop
- Credit card (MasterCard/VISA)
- ATM card (PLUS/UnionPay/Maestro)
- Cash (Euro/Swedish Krona/Danish Krone)
- Adaptor
- Stationery
- Umbrella
- Medicine

Part 4 Useful links and contacts

1. Lund University website
<https://www.lunduniversity.lu.se/>
2. Lund University School of Economic and Management website
<https://www.lusem.lu.se/study/exchange>
3. Housing application
<https://www.luaccommodation.lu.se/>
4. Sweden international student residence permit application
<https://www.migrationsverket.se/English/Private-individuals/Studying-in-Sweden.html>